

Look and feel fantastic

Xero Lipo is the most advanced non surgical body sculpting and accelerated fat reduction treatment. The Xero programme boosts the effects of healthy lifestyle changes using advanced technology to alter your body's fat composition.

- Biostimulatory laser fat cell reduction shrinks fats cells and releases excess fat in your target area.
- Neuromuscular stimulation tones muscles and burns fat faster, increasing metabolism to rapidly eliminate fat from the body.
- Multipolar radio frequency skin tightening for a firmer, leaner physique.
- Each session is completed with a one to one appointment with a Fitness Instructor.

Xero technology is pain-free and can target specific stubborn areas with immediate results. After completing the full 4-week programme, your shape, lifestyle and overall health will be transformed.

Call us on 01635 551188 or enquire at the Health Club Reception for further information.



Xero Lipo Treatments

Xero Lipo is the most advanced non surgical body sculpting and accelerated fat reduction treatment. Xero Lipo uses a blend of four completely safe, perfectly comfortable technologies to trigger the release of fat from stubborn areas, tone your muscle and tighten your skin.

Xero Lipo Treatments			Prices
Xero Lipo Treatment (Course of 8)	M	1hr 30mins	£900
Xero Lipo Treatment (Course of 4)	M	1hr 30mins	£500
Xero Lipo Treatment	M	1hr 45mins	£150

Radio Frequency Treatments

Multipolar Radio frequency is used to boost the performance of collagen and elastin cells to tighten the skin for a firmer and leaner physique.

Radio Frequency Treatments			Prices
Radio Frequency Treatment (Course of 8)	M	25mins	£280
Radio Frequency Treatment (Course of 4)	M	25mins	£150
Radio Frequency Treatment	M	25mins	£40

All treatments and courses are available to members with a 10% discount.

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KEY

M Treatment suitable for men

